NETBALL

Grafton Netball Association

Registration days will be on Saturday 14th of February & Saturday the 21st of February from 12pm-2pm at the netball courts in Bacon Street.

Delegates from all clubs will be presents on the day so come along as part of a team or as an individual to register.

NetSetGo- Australia’s introductory program to netball. A fun skills based program for children aged 5-7yrs. Costs $70 for the season with no additional charges & includes the ANZ 2015 NetSetGo pack.

It will commence on Saturday 2nd of May from 11.30-12.30pm. Registration days as above.

All information and dates can be found on the Grafton Netball Association Website and Facebook page. Contact Brooke Burton- 0437426070

Thank you in advance Amy.

0266432511

SOCCER

South Services Gunners Soccer Club is holding our 2015 sign on days on February 21st and 28th at Rushforth Park South Grafton from 9am-11am or online now at www.myfootballclub.com.au

Boys and Girls are welcome. We have teams from age 4 turning 5 to Under 14, all players 15 and above can register now for Grafton United FC online or at Rushforth Park Tuesday and Thursday nights from 6-8pm.

Our 2015 focus is on player development, fun, health and respect.

Soccer is a great way to keep fit and healthy and for kids and parents to make new friends.

FEES: 5-6-7 $70, 8-9 $95, 10-11 $110, 12 $130, 13-14 $145

Please call Toughie 0420907629 if you can’t make it to sign-ons or for more details.

Contact:

Kaycee Wilson (Club Register): Ph 0435 75 1243 or Email: kaycee.wilson@hotmail.com

Stephen Avery (Club President): Ph 0439 467 595 or Email: stephen.avery@crowehorwath.com.au

Facebook: https://www.facebook.com/couttscougars

Email: couttscougars@gmail.com
Sailors Hockey Club is looking for players for all age divisions in Men’s, Woman’s and Boys. If you are interested in playing hockey in 2015 with one of Grafton’s leading clubs contact us today to secure your position. Sign on days will be held at Grafton Shopping World February 7th, 14th and 21st. For further information please contact the following, Darryl Clark 0458838355 Amy McGarvie 0407488826 www.sailorshockey.com sailorshockeygrafton@gmail.com

Grafton Junior Golf & Coaching Program starts back on Friday 6th January 2015. Junior Lessons with Mark Harvis will commence each Friday afternoon from 4pm until 5pm. The cost for Junior Golf & the Coaching Program is FREE. The program involves hitting balls putting and chipping competitions and playing some holes under the watchful eye of Mark and volunteers. The Junior competition will commence on Monday 9th January from 4pm, playing 3, 5 or 9 holes at a small cost of $3 includes a drink. There will be daily prizes & monthly consistency prizes to be won. A Junior Golf & Coaching Program for Primary & Secondary School Girls & Boys aged from 6 years to 17 years will recommence at the Grafton District Golf Club on 6th January 2015 starting at 4pm until 5pm. Junior golfers will be given golf instruction by accredited golf coach Mark Harvis & senior golf club members. All aspects of golf tuition will be covered & junior golf competitions are also a part of the program. Parents are encouraged to come along & get involved with the juniors and walk the course with them. If you have your own golf clubs please bring them along if not Mark will have clubs that can be borrowed on the day.

The junior golf & coaching program is about having FUN & learning a new outdoor sporting skill. Golf is a great outdoor sport played amongst the trees and wildlife in a relaxing atmosphere. A Sport that you can play for the rest of your life so come on & give it a try. Contact Mark for any further information on 6642 5413 or email proshop@graftongolf.com.au
BMX

Free Come and Try BMX
Saturday the 14th of February 2015
9.30am sharp to Register and Bike Check
Clarence Valley BMX Club track located at the corner of Abbott and Vere Streets in South Grafton.

This will be a great opportunity for anyone who rides a bike and is interested in having a ride on a BMX race track. Riders and spectators will experience the thrills and excitement of this family orientated sport.

Bring along a good working order bike. Bikes sizes can be from a 16 inch BMX to 26 inch mountain bike, 2 to 4 year olds can bring a balance bike. For your protection you will also need a good bike helmet (preferred full face) long pants and long sleeve shirt, shoes and socks that cover the ankle, gloves (any type will do).

Riders from 2 years and up can join in the fun and have a ride around the BMX track.

Free coaching and training will be available from 10.00am to 12.00pm to help new riders gain basic bike skills and confidence.

If you do not have a BMX bike or some of the safety gear just ask at the canteen on the day. The club will have someone on hand to checkout your bike and help with making it safe to ride. Tell all your friends and your parents.

BMX is not just for the boy’s as the number of girls riding and racing BMX bikes is on the increase throughout Australia.

The great thing about BMX as a sport is that the whole family can get involved, no matter what age the kids are they all can do the same sport at the one time and place.

Exhibition rides will be held throughout the course of the day
There will be a sausage sizzle and The canteen will be open during the course of the day
Come and meet “Clarence” the BMX Cougar.

Stick around after our come and try day to watch some action packed club racing from 4.00pm-5.00pm

More information is available at the Clarence Valley BMX Club’s website where you will also find some great pictures and videos of BMX action at the Clarence Valley BMX race track.